
















Time schedule

Speedo Helsinki Swim Meet 2023

Place: Mäkelänrinne Swimming Centre Organizer: Suomen Uimaliitto
Pool: 50m Competition Date: Apr 8, 2023 to Apr 9, 2023

Day 1 A heats

Start	Duration	Event	Nr of heats
 09:00		1 100m Freestyle Men A-flight	4
 09:06		3 200m Freestyle Women A-flight	3
 09:15		4 50m Breaststroke Men A-flight	4
 09:20		6 100m Breaststroke Women A-flight	4
 09:28		8 400m Individual Medley Men A-flight	2
 09:40		9 100m Butterfly Women A-flight	4
 09:47		11 100m Backstroke Men A-flight	4
 09:54		13 50m Backstroke Women A-flight	4
 10:00		15 200m Butterfly Men A-flight	2
 10:06		16 200m Individual Medley Women A-flight	3
 10:16		18 400m Freestyle Men A-flight	3
 10:31		19 50m Freestyle Women A-flight	4
 10:36		21 200m Breaststroke Men A-flight	3
 10:46		22 200m Backstroke Women A-flight	3
 10:56		23 50m Butterfly Men A-flight	4

Session finished: 10:59 AM