

Speedo Helsinki Swim Meet



Team Leaders' Meeting

April 7th, 2023



Welcome & Introduction



Technical Delegate

Mrs. Marjo Matikainen-Kallström
World Aquatics Referee

Referee

Mr. Ville Riekkinen
President, Finnish Swimming Federation
World Aquatics Referee, LEN TSC Member

Referee

Mr. Mauri Siltala
World Aquatics Referee

Meet Director

Mr. Pasi Salonen



Agenda



- Venue Map
- Competition & warm-up pool guidelines
- Session times
- Entries and withdraws
- Protests
- Records
- Contact info



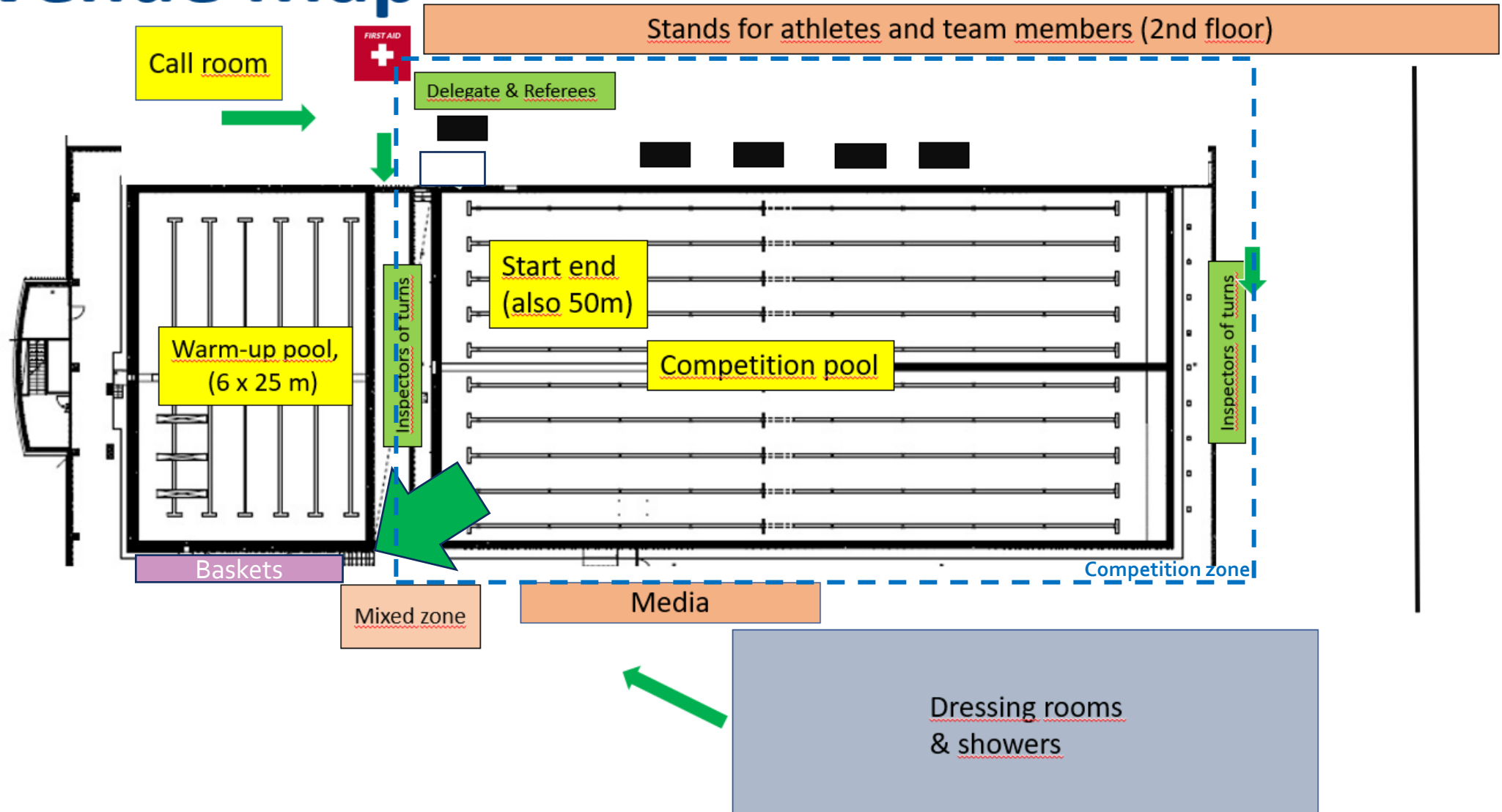
Official communications



- All material will be stored and shared in Swimify and Livetiming during the competition (live.swimify.com) and if there are any updates the materials will be stored there.
- This material is stored in Swimify site and Livetiming.
- The main door of the swimming center will be opened at 7:00
- Para heats will be swum within the B-heats, in spite of number of swimmers
- Para finals will be swum within the A finals



Venue Map



Info



- Rest area, teams fysios at the sports hall
- Remember to keep the accreditation visible at all times in the swimming center
- The competition follows swimming rules approved by the World Aquatics Bureau on 21 February 2023 with immediate entry into force.

Pool warm up guidelines



- Warm-up will end **10** minutes before the start of the session
- Race pace lane #8 (competition pool)
- Sprint lane #1 (competition pool)
- Para lane #9 (competition pool)
- Warm up at 25m pool possible all the time
- Kick boards and pull buoys may be used
- NO fins/flippers, paddles or rubber bands (bungee cords) in the competition pool

Competition guidelines



- Athletes will be presented in the following way:
 - Morning heats - walk to the block, no introduction
 - B-finals - walk to the block, introduction from lane 1 to 8
 - A-finals - introduced on individual entry to the pool deck 8-1-7-2-6-3-5-4
- In the morning heats athletes should be ready to start when the previous heat is ready
- 2.1.5 Once all swimmers have removed their clothing, except for swimwear, the Referee shall signal the commencement of an event by a short series of whistles inviting them to get ready at the starting end, followed by a long whistle indicating that they should take their positions on the starting platform (or for backstroke swimming and medley relays to immediately enter the water).
- A- and B-finals athletes shall be ready for start after introduction

Session Times



HEATS	Warm-up starts A-heats	Warm-up ends A-heats	A-heats start	Warm-up starts B-heats	Warm-up ends B-heats	B-heats start	
Saturday	7:00	8:50	9:00	11.00*	11:40	11:45	
Sunday	7:00	8:50	9:00	11.00*	11:40	11:45	
FINALS	Warm-up starts B-final	Warm-up ends B-final	B-final start	Warm-up starts A-final	Warm-up ends A-final	A-final start	
Saturday	14:45	16:05	16:15	17.10*	17:50	18:00	
Sunday	14:45	16:05	16:15	17.10*	17:50	18:00	
				* estimation time			

Finals with 8 lanes
Heat with 10 lanes

Training pool (6 lanes, 25m)
available for warm-up and cool down

Entries & Withdrawals



- Late entries possible until the end of the Team Leaders' Meeting
- Withdrawals for heats must be made by electronic app (or by email helsinki.meet@uimaliitto.fi), QR-code included in the team info package
 - For Saturday latest on Friday at 18:00
 - For Sunday latest on Saturday at 18:00
- Withdrawals for finals must be made latest 30 minutes after the end of the **event** to the Technical Delegate on the pool deck level

Call Room



- Swimmers must report at latest 10 minutes before the event
- Please observe the World Aquatics Rules regarding swimsuits, caps, goggles, body taping etc.
- As a consequence of injury, it is permissible to tape not more than one or two fingers or toes.
- Any other body taping only with permission of Technical Delegate before the start of the session
- If you have any questions, please ask Technical Delegate before start the competition

Protests



- Must be made in writing on the official form to the Referee
- To be delivered to the Technical Delegate Table no later than 30 minutes after the conclusion of respective event together with €440 (equivalent to 500 Swiss Francs as per World Aquatics General Rules 9.2)
- The decision of the Referee can be referred to the Jury of Appeal

The Jury of Appeal

- Technical Delegate, Mrs. **Marjo Matikainen-Kallström**, World Aquatics Referee
- Member, **Taru Koivu-Reinikkala** , Finnish Swimming Federation
- Member, Mr. **Ville Riekkinen**, President of Finnish Swimming Federation, World Aquatics Referee, LENTSC Member OR
- Member, **Mr. Mauri Siltala** World Aquatics Referee



European and World records



- Doping Control requirements must be followed
- Please bring the following documentation to the Technical Delegate Table
 - Swimsuit manufacturer
 - Swimsuit brand
 - FINA Stamp number
 - Passport to confirm Date of Birth and identity
 - The organizer will undertake to complete and submit the Record Application Form to LEN/World Aquatics

Contact Information



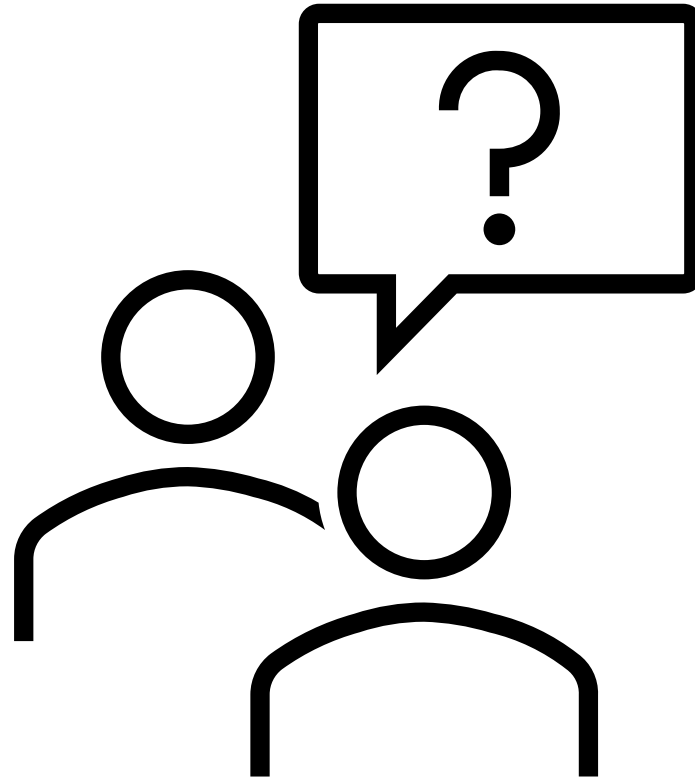
All general questions regarding your stay in Helsinki and in
Mäkelänrinne Swimming Center

Mr. Pasi Salonen +358 44 5490350

Questions regarding the actual competition

Mrs. Marjo Matikainen-Kallström +358 50 512 1578

Questions?





**Thank You for your attention
and good luck for the competition!**

