

## PM

### Ystad Grand Prix 2 / Swedish Grand Prix

The meet will take place on the 27<sup>th</sup> of October through 29<sup>th</sup> of October 2023.

**Age Groups:** Men and women class A- 17 and up  
Boys and girls Junior class (C-final) 16 and under

Finals will be performed as followed.

Men and women = A-final & B-final during the afternoon session.  
Boys and girls = C-final during prelims

|              |                     |   |  |
|--------------|---------------------|---|--|
| <b>Time:</b> | Friday session 1.   | Afternoon warmup<br>Session starts 6.30pm | 5-6.20pm                                       |
|              | Saturday session 2. | Prelims warmup<br>Start: 9am              | <b>A-flight 7.15.8am.<br/>B-flight 8-8.45</b>  |
|              | Saturday session 3. | Afternoon warmup<br>Start 4pm             | 3-3.50pm                                       |
|              | Sunday session 4.   | Prelims warmup<br>Start: 9am              | <b>A-flight 7.15-8am.<br/>B-flight 8- 8.45</b> |
|              | Sunday session 5.   | Afternoon warmup<br>Start: 4pm            | 3-3.50pm                                       |

**Please respect the different warmup block times during prelims.**

The three best heats from each event (A-flight and C-flight) will swim first at prelims. After competition of the fastest heats the remaining heats will conduct in usual order.

**Late entries:**

Late registration is not possible.

**Questions:**

Ystad SS through e-mail [kansli@ystadsim.se](mailto:kansli@ystadsim.se)

**Heat sheet:**

Heat sheet can be picked up at the announcer/officials booth.

**Withdrawals:**

An early scratch can be emailed to [ygp2strykning@ystadsim.se](mailto:ygp2strykning@ystadsim.se)

No later than 26th of October 2023. Remaining scratches can be done in the app (wingrodan2/app.livetiming.se) Going into Friday session 1, any scratches has to be made no later than 12am/pm/. Scratches for Saturdays prelims has to be entered by 8pm on Friday night.

Before Sunday prelims, scratches has to be made no later than 15 min after completed final session on Saturday.

Scratches for final sessions need to be entered no later than 30 min after each event has been completed and be handed in directly to the announcer booth.

The coaches app will be sent to stated email through the Tempus registration.

**Awards ceremony:**

According to schedule, (see Livetiming). Awards for C-finals take place during the final session.

**Important/observe:**

Dive over starts will be applied in prelims except for the final heat for Junior class (C-final) which will be presented before each start.

Backstroke start ledge will be available.

**Lead official:**

Jonas Åström

**Coach meeting:**

Saturday 8am in the facility's cafeteria by the main entrance.

**Officials:**

We appreciate officials from visiting swim teams. Register at [roland.olsson@ystadsim.se](mailto:roland.olsson@ystadsim.se)

**Web-tv:**

Stream the meet live on your own tv channel that can be found on

[www.ystadsim.com](http://www.ystadsim.com)

<https://www.staylive.io/ystadsimsallskap>

**Wristband:**

To be able to enter the pool as well as lockers in locker room, coaches are responsible to hand out a wristband to each swimmer. Each team will be assigned a bag for pick up at the reception of the arenas entrance and the bag will be returned to meet host by the end of the heat. Each wristband not being returned will result in 200 sek fee.

**Food:** Lunch and dinner will be served at Ystad Gymnaisum located 10 min walk from the arena.

|                  |  |                |
|------------------|--|----------------|
| Dinner Friday:   | Salisbury steak with potato and gravy. | 7-8.30pm       |
| Lunch Saturday:  | Pasta & meat sauce (Bolognese).        | 11.30am-1.30pm |
| Lunch Sunday:    | Swedish sausage stroganoff with rice.  | 11.30am-1.30pm |
| Dinner Saturday: | Chicken stew with rice.                | 7-8.30pm       |

Salad buffet, bread and drink is included

PRICE LUNCH: 100 kr per person.

PRICE DINNER: 120 kr per person

**Other food related:**

Please inform wishes for special diet, this can be included in email regarding food registration.

**Send to [kansli@ystadsim.se](mailto:kansli@ystadsim.se) no later than 20<sup>th</sup> of October.**

Use provided document for food orders that can be find in file archives at [www.livetimning.se](http://www.livetimning.se)

**Due to the great amount of swimmers that will be competing this weekend, the arena will open up their field arena for swimmers to rest and warmup between races. There will be assigned spots for each teams and access requires accreditation.**

**Please respect this arena and swimmers warming up or resting.**

**And don't forget to accredit each responsible coach**

**Welcome!**