

GOOD TO KNOW ABOUT TONTTU-UINNIT

Time	Saturday, Dec 14 at 11:00- ca. 18.30 Please follow announcements, the schedule provided is estimation only.
Warm-up	Competition pool can be used 10:00-10:50. Lane 6 is a fast lane for sprints only. At other times please use the little pool for warm-up.
Meet Office	will be opened at 9:45 next to the cafeteria.
Lockers	Lockercards will be provided at the meet office and shall be returned there. Due to the large number of participants, swimmers need to share lockers.
Call Area	please report 10 minutes before the event, next to the little pool.
Flyover Start	will be used in all events (except for 25m events). After the heat is completed, swimmers must wait in the pool for the next heat to start. Exit the pool from the side.
Last Heat	of every event will parade from the call area.
Rules	the competition will be conducted using FINA rules.
Competition Area	access is restricted to competitors and judges/referees only.
Medal Ceremonies	will not be held. Instead, swimmers are asked to go after the medals after the

official results of each event have been published. **Special Prizes** will be awarded after the competition has ended. **Prize for the fastest swimmer in each heat will be given immediately after the heat.**

Cancellations

Check club email for instructions for electronic system.

Relays

Names and order of the swimmers in written form in the electronic system or at latest 10:00 to the meet office.

Entries List and Results

will be found on the walls of the stand. There is NO a possibility to buy the entries list. Lists are also available at www.livetimeing.fi.

Emergencies

the stairs of the stand must be held empty at all times. In case of emergency, please follow the instructions given by the commentator. Emergency exits are marked with green EXIT signs.

Swimwear

Races must be conducted using swimwear that comply with FINA and Finnish Swimming Association rules.