



# Preliminary Program - Session 3 Sunday 19 April 2015 09.00

Competition name: Swedish Grand Prix 3

Competition place: Jönköping

Organizer: SSF/Jönköpings SS

Start	Nr	Event	Class	Round	Notes
09:00	17	100m Freestyle Women	W	Heats	
09:08	18	200m Freestyle Men	M	Heats	
09:21	19	50m Breaststroke Women	W	Heats	
09:28	20	100m Breaststroke Men	M	Heats	
09:36	21	400m Medley Women	W	Heats	
09:54	22	100m Butterfly Men	M	Heats	
10:02	23	100m Backstroke Women	W	Heats	
10:08	24	50m Backstroke Men	M	Heats	
10:12	25	200m Butterfly Women	W	Heats	
10:22	26	200m Medley Men	M	Heats	
10:33	27	400m Freestyle Women	W	Heats	
10:49	28	50m Freestyle Men	M	Heats	
10:55	29	200m Breaststroke Women	W	Heats	
11:11	30	800m Freestyle Men	M	Heats	
11:40	31	50m Butterfly Women	W	Heats	
11:46	32	200m Backstroke Men	M	Heats	
11:58	34	800m Freestyle Women	W	Heats	
12:09		Session End			

Time between heats: 20 secs

Time between relay heats: 60 secs

Time between events: 1 min

Time between relay events: 3 mins

Time for pause: 10 minutes

Time for price ceremony: 6 minutes