

Grand Prix 1
January 24-25, 2015
Fyrishov, Uppsala
Meet Info

- Meet Office** In the Fyrishov entrance hall: The office is open Friday 24 at 17.00 – 20.00, Saturday 25 at 8.00 – 10.00. Contact the Meet Secretariat at other times. Clubs sign-in at the office to get their meal tickets (if applicable) and some meet information. Entrance for swimmers and coaches will be between the reception desk and the restaurant.
- Head referee** **Ann-Christin Höjden** can be contacted on phone no. +46 (0) 70 339 13 83
- Team leaders Meet** The Meet administrators and referees will meet the team leaders in the offices of the Upsala Simsällskap on **Saturday at 8.45.**
- Club mailbox** In the arena next to the spectators entrance.
- Meals** Clubs that have ordered meals on-site need to remember these times
Breakfast 07.00-09.00
Lunch 11.00-14.00
Dinner 18.00-21.00
- Warm-up** Takes place in the meet pool:
Friday, January 23 17.00-20.00
Saturday, January 24 08.00-09.45 and 15.00-16.45
Sunday, January 25 07.00-08.45 and 14.00-15.45
- Warm-down** Warm-down in the teaching pool directly accessible from the arena
- Scratches** Scratches for Saturday and Sunday preliminaries shall be reported no later than 9.00 on Saturday and 8.00 on Sunday. Scratches to finals shall be reported a.s.a.p but not later than 30 minutes after the preliminaries for each event are completed. Scratches shall be reported to the Meet Secretariat in the arena. Late reported scratches will be charged with SEK 300 per scratch.
- Heat lists** Heat lists will be posted in the arena, and be made available to each club in their club mailbox.
- Entrance Procession** Every final heat is preceded by a procession by swimmers to their blocks. These should gather by the diving tower in the middle of the pool towards the Window wall.
- Results** Event results will be posted in the arena and be made available to each club in their club mailbox. Final results will also be available for download at the Upsala

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Sällskap's web site www.upsalasin.nu.

- Live Timing** The events can be followed by Live Timing <http://www.livetiming.se/>.
- Awards** Prizes will be awarded to swimmers placing 1st, 2nd, and 3rd. Value prizes are awarded in accordance with applicable GP rules for the five best results in the competition. Prizes are awarded after every fourth event. The first time for the first three events and thereafter for the next four events.
- Extra heats** It will be possible to join extra heats after the preliminaries on Sunday morning. Maximum 4 heats, at maximum length 200 Meters. Each start will be charged with SEK 300. Participation must be reported to the Meet Secretariat no later than 8.00 Sunday.
- Medical care** Contact the Meet Secretariat as needed for information related to medical care.
- Certificate/
Dispensation** Medical certificates/prescriptions/dispensations shall be submitted to the Meet Secretariat before the first heats start.
- Doping Control** Doping controls may be conducted during the meet.
- Information** The Upsala Simsällskap offices is available to help, and can be contacted by e-mail: kansli@upsalasin.nu